Cable cars

Open daily from 14 June to 19 October 2025:

Serfaus Underground from 7.45am to 5.45pm

Komperdellbahn + Alpkopfbahn + Sunliner

Waldbahn + bike park: Waldbahn from 8.30am to 5pm Bike park from 9am to 5pm

Schöniochbahn I & II: from 8.30am to 4.30pm

Möseralmbahn + Sonnenbahn Ladis-Fiss: from 8.30am to 5pm

Open daily from 21 June to 12 October 2025:

from 8.30am to 4.30pm

from 9.30 to 4pm



6533 Fiss

Tel. +43/5476/53077-20

www.bikepark-sfl.at

Seilbahnstraße 42

Sport Schmid

6533 Fiss

Tel. +43/5476/20086

Seilbahnstraße 36

Tel. +43/5476/20122

www.intersport-pregenzer.com

Bike shops / rental Bikepark Serfaus-Fiss-Ladis Bacher Sportcente

6534 Serfaus Tel. +43/5476/53076

Intersport Kirschner Dorfbahnstraße 76 6534 Serfaus Tel. +43/5476/60300 www.intersport-kirschner.a

Scott Bike Testcenter Dorfbahnstraße 32 6534 Serfaus Tel. +43/5476/6202-420 www.scott-testcenter.com

Sport Point by Hammerle Dorfbahnstraße 46 6534 Serfaus Tel. +43/5476/6249 www.sport-point-serfaus.at

All guests, staying at one of the designated partner accommodations, receive the Super. Summer. Card. in the accommodation at check-in for the duration of their stay.

Prices with Super. Summer. Card.

All-Mountain-Bike-Ticket

Prices bike tickets

			50111 20	00 2000	5011120	10
Ascent with bike	31.00	14.00	25.00	11.50	16.50	
½ day (from 11.30am)	49.50	43.00	39.50	32.00	25.00	2
1 day	57.50	51.00	45.00	39.00	29.50	2
2 days	110.00	95.50	87.50	73.50	55.50	4
3 in 7 days (name)	150.00	130.50	120.00	99.00	75.50	6
4 in 7 days (name)	190.00	162.00	148.00	122.00	95.50	8
5 in 7 days (name)	224.50	190.50	177.00	144.50	113.00	Ş
6 in 7 days (name)	257.50	218.50	205.50	166.00	129.00	11
Season pass (name+photo) 427.50	362.00	353.00	277.00	227.00	18

port on the following cable cars: Sonnenbahn Ladis-Fiss, Schönjochbahn I & II, Almbahn, Alpkopfbahn, Komperdellbahn, Lazidbahn, Sunliner and Waldbahn, No bike transport possible on the Möseralmbahn. Usage of the parcours at the Waldbahn bottom station is free of charge.

Ticket bike transport

Bike transports (per ascent)

Adult 50001 1000 born 2010-2018 In addition to the cable car ticket, there is a charge for bike transport on one of the cable cars. No charge for bike transport down to the valley.

Schönjochbahn I & II, Waldbahn, Sunliner, Alpkopfbahn, Komperdellbahn, Lazidbahn	14.00	11.50	7.0
When using both sections directly Serfaus-Lazid, Alpkopfbahn), the			önjoch,

Sonnenbahn Ladis-Fiss 7.00 5.50 4.50 The bike transport ticket of the Schöniochbahn includes transportation of bikes

All prices in Euros and incl. VAT - prices subject to change! Entry with KeyCard is contactless. Kids are only allowed to use the ingle trails when accompanied by an adult (over 18) who is obliged supervise the child and also check his/her equipment.

Numerous courses for kids from 4 years and every skill level!

The Serfaus-Fiss-Ladis Bike School introduces you to the joy of biking and provides great outdoor experiences.

Everyone gets to discover their passion for biking - from beginners to pros, from downhillers to e-bikers.

14 June to 19 October 2025 daily from 8.30am to 5.30pm

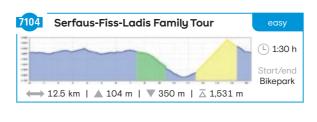
Tel. +43/5476/53077-10





29.08. - 31.08.2025 730 Fisserjoch Tour - Testival free of charge - Austrian Gravity Series DH race on 30 August 2025 >> and much more! 7100 SFL Extreme Tour MORE INFO >> Track condition

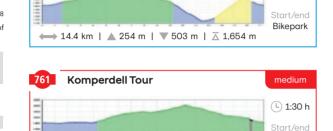
Mountain bike tours







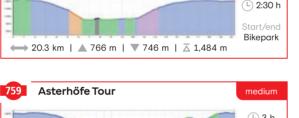
105 Wode tower Neuegg Family Tour





763 Römerweg Tour

← 17.4 km | ▲ 650 m | ▼ 645 m | ⊼ 2,022 m





















They are located on all major crossings and contain important information about your location in case of emergencies.





Bike map. Bike tours. Single trails.

bike-sfl.at/en



Important tips

We are Family.®

Inform other people about your programme during the day. Check the weather conditions (thunderstorm danger).

The right equipment for bike tours:

- backpack or bike bag repair kit or tube
- bicycle pump, small tool
- first-aid kit
- helmet, windproof / rainproof clothing
- change of clothes
- food and drinks
- some money just in case
- emergency numbers
- check brakes, tyres, shifting system and light

Online GPS tours

Discover all GPS coordinates of the routes already mentioned as well as of numerous other routes online with our interactive overview map. Simply scan the OR code.

Interactive overview map maps.serfaus-fiss-ladis.a



Rules / code of honour

Keep your speed under control and be ready to stop at all times, especially on blind bends. Be prepared for unexpected obstacles (potholes, stones, branches, stockpiled timber, livestock, cattle grids, gates, tractors, forestry plant, authorized vehicles).

level of ability and experience. Always wear a helmet and check your

Single trails: Beware! No checks are made on the condition of the trail and bikers

Leave no trace. Don't cut switchbacks. Blocked rear wheels damage

· Child seat & trailer forbidden on the single trails.

© Land Tirol

MTB tours levels of difficulty

Cycle path with a good surface (fine gravel, asphalt or compaable surface) which is family-friendly and suitable for ordinary bikes, uphill and downhill gradients between 0% and 5%, on short trails maximum 10%. Alternating uphill and downhill sections, no continuous uphills. Vehicle-free or little used by road vehicles. There are no particularly dangerous sections or, if so, they are indicated by special signposting.

Requires sports cycling ability and especially knowing how to ride defensively. Mountain biking equipment is recommended Uphill and downhill sections between 5% and 12%, on short trails up to a maximum of 17%. The trail has blind bends. Biwidth of the path. The composition of the path, including the quality of the surface, drainage facilities (e.g. channel drains), closure devices (e.g. barriers), the safety measures (e.g. missing railings and fences) and notices about dangerous sections are all intended for farm and forestry traffic using tractors and HGVs. Such installations could in themselves pose a danger to bikers. Bikers must at all times be prepared to come across trails closed for operational reasons (e.g. logging and transport), materials stored on or by the trail, equipment and stored machinery and sections which have become dangerous as a result of natural events. Steep slopes adjoining the trail are not made safe.

anding MTB trail with numerous dangerous sections exceeding the maximum gradient of the red trails and with much more difficult features. MTB equipment is obligatory. Bikers must keep their wits about them at all times and think ahead.

← 6.9 km | ▲ 5 m | ▼ 390 m | ⊼ 1,840 m Sunliner/Waldbahn 7081 Högtrail ←→ 3.8 km | ▲ 0 m | ▼ 355 m | ⊼ 1,814 m 7128 Leithetrail ←→ 4.3 km | ▲ 0 m | ▼ 310 m | ⊼ 1,840 m 7083 Zirbentrail ← 9.1 km | ▲ 0 m | ▼ 790 m | ⊼ 2,590 m

Single trails

7110 Alpkopftrail

7082 Scheidtrail

 $\begin{picture}(2000)\put(0,0){\line(0,0){120}}\put(0,0)$

← 2.6 km | ▲ 0 m | ▼ 182 m | ⊼ 2,021 m

← 5.8 km | ▲ 28 m | ▼ 508 m | ⊼ 2,431 m Fisser Joch 7077 Frommestrail ←→ 8.7 km | ▲ 19 m | ▼ 894 m | Ā 2,489 m Schönjoch

1115 Jochtrail



your skills, just use the following guideline.

Single trail guideline

Högtrail



Scheidtrai **Jochtrail**

If you're not sure in which order you should ride the trails and improve

VERY EASY | EASY Alpkopftrail beginners and intermediates! Intermediate mountainbike ric

S2 - S3: medium For intermediates! Already special mountainbike riding technique re quired such as very good balance and very good braking skills, very

ood weight shifting to overcome obstacles, very good ability of ridin urns, jump technique required, lot's of trail experience required.

For beginners! Basic mountainblke riding technique required such as alance and braking skills, in general little or no trail experience.

S0: very easy

S1 - S2: easy

echnique required such as good balance and good braking skill ood weight shifting to overcome obstacles, good ability of riding

turns, jump technique maybe required in parts of the trail, general

Single trail levels

rail experience required.

Show consideration for pedestrians. Overtake at walking pace only. Check the degree of difficulty of the trail, and never exceed you

equipment before starting out (brakes, bell, lights). Respect all closures, and remember that the trail is primarily for agriculture and forestry. Be sure to close all gates.

Respect all forms of natural life. Do not disturb large game. Do not eave the signposted route. Never cycle where there is no official trail. Time your ride to be back before dusk. Leave no litter

using the trail do so at their own risk. Riders must be in control at all times and have a clear line of sight. Keep to the trail and always show consideration for walkers, livestock

and game. Always close the gates. Be alert at all times to the hazards of the mountain environment.



Opening times: 14 June to 19 October 2025, täglich von 8.30 bis 17.30 Uhr

Info & registration: Tel. +43/5476/53077-10



No matter if you are a beginner or advanced biker - there is something on offer for every level of ability. Trained mountainbike guides help to improve your riding technique step by step and show you everything you need to know to master the bike park trails and obstacles ever more precisely - from the right way to brake, basic position, to turning and The courses are tailored to the individual needs of participants. That

way, no matter your requirements, the courses are guaranteed to advance your skill level. But there's more to discover than trails and our bike park. We know the best tours in the area with the most beautiful viewpoints and huts to stop by for a cosy break. Each programme is individually tailored to the group.

We recommend to book a bike school course in advance, as we cannot guarantee availability during the week. Please note that all times indicated are the course start times. Before the start of the course, we ask you to arrive up to 30 minutes early (up to one hour during peak season). This is necessary for equipment fitting and ticket purchase. Due to availability, it is highly recommended booking the necessary equipment



All courses: guide only. Bike ticket not included. Minimum of 3 participants. Get 10% discount at our rental shop during course duration. See rental prices in the right column.

Kids & youth

Kids & youth					
Squirrels (+) *	4 - 5 years	1 hour	The focus is on having fun on the bike with the first braking and cornering exercises.	27.50	26.50
Foxes	6 - 7 years	1.5 hours	On the flat and in the pump track we train the basics to be able to master the first small trail.	40.50	37.50
Foxes + *	6 - 7 years	2 hours	After the Foxes course (prerequisite) we go steeply uphill and master our first blue trail.	54.50	49.50
Chamois	8 - 11 years	3 hours	After the first exercises and training tracks, we will go on our first blue trail.	67.50	61.50
Chamois + *	8 - 11 years	3 hours	After the Chamois course (prerequisite) we hone our technique for more flow and fun on the trail.	67.50	61.50
Chamois Camp (3 levels)	8 - 11 years	3 days 3 hours each	Biking technique training according to biking skills (Beginner, Advanced, Expert).	187.50	169.00
Youngster	12 - 15 years	3 hours	After the first exercises and training routes, we go on our first blue trail.	67.50	61.50
Youngster + *	12 - 15 years	3 hours	After the Youngster course (prerequisite) we hone our technique for more flow and fun on the trail.	67.50	61.50
Youngster Camp (3 levels)	12 - 15 years	3 days 3 hours each	Biking technique training according to biking skills (Beginner, Advanced, Expert).	187.50	169.00
Jump & Drop	from 10 years	2 hours	We improve our drop and jump technique for more air time and height.	54.50	49.50

There is the possibility to book a course with more advanced technique with OK of the guide: Squirrels + | Foxes + | Chamois + | Youngster +.

Adults

Get MTB ready		5 hours	Beginner course, training area and single trails.	128.50	118.00
Get the FLOW		5 hours	Advanced course, single trails and bike park.	128.50	118.00
MTB Tour		5 hours	Tour, enjoyment, refreshment, trail ride. Only possible on request.	108.00	97.00
Trail Day		5 hours	A day on the trail for advanced bikers.	108.00	97.00
Women's Camp & Men's Camp	from 16 years	3 days	20.06 22.06.2025 / 12.09 14.09.2025	332.00	299.00
Women's Workshops		1 day	9.30am - 4.30pm. Learning from the professional among women. For beginners & advanced riders.	132.00	122.00

Specials

3 persons included, guide only, without bike ticket and gear.

Early Ride

Private course			
	1 hour	96.00	84.50
Courses can be individually tailored, be it experiencing a bike tour	2 hours	176.50	156.00
or focusing on your riding technique. Everything is possible.	3 hours	262.50	227.50

4 hours First ride for bikers, be the first on the Frommestrail, breakfast included.



PRICES BIKE TICKETS

Prices with Super. Summer. Card. All guests, staying at one of the designated partner nodations, receive the Super. Summer. Card. in the

accommodation at check-in for the duration of their stay.

All-Mountain-Bike-Ticket

	,	2010	born 20	06-2009	born 20	10-201
Ascent with bike	31.00	14.00	25.00	11.50	16.50	7.0
4 hours (bike park only)	49.50	43.00	39.50	32.00	25.00	21.5
Extension ticket (4h-1 day)	14.00	13.50	12.00	10.50	9.00	7.5
½ day (from 11.30am)	49.50	43.00	39.50	32.00	25.00	21.5
1 day	57.50	51.00	45.00	39.00	29.50	27.0
2 days	110.00	95.50	87.50	73.50	55.50	49.0
3 in 7 days (name)	150.00	130.50	120.00	99.00	75.50	65.0
4 in 7 days (name)	190.00	162.00	148.00	122.00	95.50	81.5
5 in 7 days (name)	224.50	190.50	177.00	144.50	113.00	95.
6 in 7 days (name)	257.50	218.50	205.50	166.00	129.00	110.0
Season pass (name+photo)	427.50	362.00	353.00	277.00	227.00	184.0

The ticket is valid at the bike park and all trails! Unlimited trips including bike tra port on the following cable cars: Sonnenbahn Ladis-Fiss, Schönjochbahn I & II, Almbahn, Alpkopfbahn, Komperdellbahn, Lazidbahn, Sunliner and Waldbahn. No bike transport possible on the Möseralmbahn. Usage of the parcours at the Waldbahn bottom station is free of charge.

	L	ARU
Adult 659.00	Youth * 494.00	Kids * 330.00
	659.00	

BIKE SHOP & RENTAL

everything related to gravity sports. Test and rental bikes by the exclusive bike park partner Propain are waiting to be taken down the trails by you. With the kids freeride bikes "Frechdax 20" and "Yuma 24" we offer bikes especially for the young talents. There are 20" 16" bikes and push bikes for the Kids Park. Alongside bikes, you will find everything you need for a great freeride day in the well-stocked shop - from proective clothing to break pads.

Get the right info:

In our bike shop, you'll find everything you need to know about the bike park. Info about routes, offers for camps and courses, and one or the other tip by expert bike park & freeride guides. From this summer, there will be a new bike school office outside our bike shop building, where our guests can find out about camp and course offers and get

Opening times: Daily from 8.30am to 5.30pm.

Further info: Tel. +43/5476/53077-20

info@bikepark-sfl.at

115.00

338.00 299.50

377.50

408.50

5 hours

Rental prices ¹						
		kes /ED		outh- debike		-MTB 0/24" ²
Bikes: Downhill/Enduro						
½ day	83.00	78.00	45.00	43.00	21.00	20.00
1 day	109.00	102.00	60.50	57.00	34.00	33.00
2 days	204.00	192.00	112.00	105.50	65.00	60.00
3 days	295.00	279.00	156.00	148.50	² only	for
4 days	370.00	350.00	195.00	187.00	² only for Kids Park or pump track.	
5 days	420.00	398.00	226.00	213.50		
Dirt bikes ³	29.00	½ day		25.00	½ day	

Dirt bikes ³	29.00	½ day		25.00	½ day
SFL push bikes (max. 2h) 11.00	Depot			
• • • • • • • • • • • • • • • • • • • •					
Bike + protective gear					
½ day	101.00	94.00	63.00	59.00	
1 day	125.00	116.00	76.50	72.00	
2 days	230.00	218.00	136.00	130.50	
3 days	335.00	317.00	191.00	181.50	
4 days	421.00	399.50	242.00	229.00	
5 days	472.00	448.00	272.00	259.50	
only protective gear	19.00	per day		18.00	per day
	11.00			11.00	

- 10% discount at our rental shop during courses at the Serfaus-Fiss-Ladis Bike ool. Insurance (optional): damages up to €500 are insured against a surcharge of 10% of the respective rental price.
- ³ Dirt bikes are not to be used on the bike park trails.

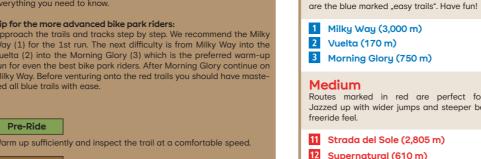
General information:

All prices in Euros and incl. VAT - prices subject to change! Entry with KeyCard is contactless. Kids are only allowed to use the single trails when accompanied by an adult (over 18) who is oblige to supervise the child and also check his/her equipment.

٠	
	Content/concept/design: Tourismusverband Serfaus-Fiss-Lc Gänsackerweg 2, 6534 Serfaus info@serfaus-fiss-ladis.at www.serfaus-fiss-ladis.at

Bikepark Serfaus-Fiss-Ladi www.bike-sfl.at

Photos: Manuel Kokseder, Outville I Ralf Bernert, Rene Raggl The information on these pages has been compiled with great care but is always subject to change. The publisher, however, shall not be held liable for



13 Freeride-Trail (370 m)

21 Hill Bill (2,450 m)

Easy Option

Medium Option

Expert Option //// North shore

22 Downhillstrecke (1,480 m)

ROUTE GUIDELINE

Levels of obstacles:

↓ Easy

11 Medium

111 Difficult

MILKY WAY

VUELTA

MORNING GLORY

SUPERNATURAL

STRADA DEL SOLE

FREERIDE

SUPERNATURAL 2.0

DOWNHILL

HILL BILL

EXPERT

umps and obstacles in varying degrees of difficulty are to be

LOWER ZONE

Training Area

Slopestyle

Pumptrack *

Kids Park

a small but nice pump track this summer.

ercome here.

14 Supernatural 2.0 (1,850 m)

t small and approach bigger challenges step by step.

et to know the trail and your gear.

peat runs on the same trail in order to become secure and to

t is your first time in a bike park, we recommend that you book

ke guide. He will carefully introduce you to all challenges and explo

rything you need to know.

Pre-Ride

Tip for the more advanced bike park riders



EMERGENCY SIGNS

Please pay attention to the emergency signs. They are located on all major crossings and contain important information about your location in case of emergencies.
+43/5476/53077-25
0.0000000







INFOBOX

epark-sfl.at

om 14 June to 19 October 2025

urther info about bike park l. +43/5476/53077-20

Serfaus-Fiss-Ladis Tourist Board: ax +43/5476/6813 o@serfaus-fiss-ladis.at

elcome to the Bikepark Serfaus-Fiss-Ladis Our bike park is one of the largest bike parks in Tyrol and is particularl

atter if newcomer, freerider or downhiller. From gentle, banked cru rs through the forest, speedy freeride trails with endless airtime and ns of fun to mostly natural trails – the bike park offers everything ye ish for! Recharge your batteries with fresh made delicacies in the ch ea at the bottom station and go on for more.

imized using common sense and by complying with some simple

warrant safety and fun for all users on the mountain, we ask you to espect the following rules:

Wearing a **helmet and knee protection is compulsory** at the bike park. Further protective gear and a full-face helmet is recommer

Only use fully serviced bikes, that are suitable for bike parks.

Riding at the bike park is only permitted with a valid bike park ticket. Kids younger than 10 must be accompanied by an adu Parental consent is required for kids aged between 10 and 16.

Driving off the tracks is strictly prohibited. Riding or pushing uphill is strictly forbidden on all trails.

Before hitting the trails, access the risk and make a first ride to inspect the trails. Adjust your speed to your skills and characte

Maintaining proper conduct on the tracks is vital to ${\bf ensure}\ {\bf your}\ {\bf safety}\ {\bf and}\ {\bf those}\ {\bf of}\ {\bf other}\ {\bf riders}.$

Riding with **child seats and trailers** is **not allowed** on any trails.

Respect all track closures and follow the instructions of staff.

Show consideration for other people and animals roaming

assumed for accidents or damages. As a biker you execute you ort at your own risk. You are aware that this sport is associated h unusual risks and are therefore in the possession of a private rred to third parties. The operator is not liable for any damage the exception of personal injury, if the damage is not based or , their legal representatives or their agents and the behaviour th ed the damage does not relate to the bike operator's main dutie ording to the concluded contract. This disclaimer does not apply otally unforeseeable or atypical damage that the user could no



Bikepark. We are Family.®

+ +43/5476/53077-25



bikepark-sfl.at/en