



Ride the Golden Season – Bike Festival Serfaus-Fiss-Ladis & Autumn Trails



When the temperatures start to mellow and the sunny high plateau of Serfaus-Fiss-Ladis is bathed in warm gold and red tones, this family- and beginner-friendly mountain bike destination truly shines. The unique combo of a varied bike park and an extensive network of single trails makes the region the perfect spot for all ages and skill levels – ideal for sending it one more time in late summer and autumn. At the end of August, the Bike Festival Serfaus-Fiss-Ladis takes center stage, featuring a downhill race of the auner Austrian Gravity Series, test rides, ride-outs, and everything that makes a rider's heart beat faster.

Thanks to the sheer variety on this "sun terrace" in the Tyrolean Upper Inntal valley, there's a perfect line for everyone – from your very first pedal strokes on a mountain bike to challenging descents. Across the region's [eight single trails](#), riders will find punchy trail action paired with late-blooming alpine flowers, autumnal forests, and panoramic views over the Samnaun range, the Ötztal Alps, and on clear days even as far as Tyrol's Wildspitze, Germany's Zugspitze, and the Ortler in South Tyrol. Two of the most popular single trails perfectly showcase the region's diversity: the legendary Frommestail (red, 8.7 km) challenges skilled riders with roots, rocks, and tight turns, dropping from Schönjochl through alpine terrain and spruce forests all the way to

Frommes Alp. For a more chilled ride, the blue-rated Zirbentrail is the go-to. At 9.1 km, it's the region's longest single trail, delivering flowing corners, epic panoramas, plus smooth rollers and doubles – perfect for beginners and families alike. Adrenaline junkies will gravitate towards the Bikepark Serfaus-Fiss-Ladis. With [nine bike park lines](#) ranging from the flowy Morning Glory to gnarly black runs like Downhill and Hill Bill, there's stoke for both rookies and seasoned shredders.

The bike season in Serfaus-Fiss-Ladis runs until 19 October 2025, giving riders plenty of time to enjoy the trails and bike park deep into the golden autumn.

Bike Festival Serfaus-Fiss-Ladis & Camps

Late summer brings a special treat on the event calendar: from 29 to 31 August 2025, the [Bike Festival Serfaus-Fiss-Ladis](#) transforms the region into a meeting point for MTB enthusiasts and families alike. Friday kicks things off with the expo, showcasing top brands, the latest bikes, test rides, and hot deals. Saturday is all about the sixth downhill race of the auner Austrian Gravity Series – a national Austrian series that offers young riders easy access to racing and fits perfectly into the region's focus on introducing mountain biking to the youth. From morning sign-on through training laps and the seeding run to the afternoon race start, newcomers get a taste of real competition vibes. The day wraps up with the podium ceremony and live music from Mountain Reggae Radio for that true festival atmosphere. Sunday brings another chance to hit the expo before the popular "Braap of Event" serves up fun challenges and great prizes.

Mid-September, riders have one last chance to fine-tune their skills in a laid-back setting during the [Women's](#) & [Men's Camps](#) – riding, coaching, and plenty of good vibes included.

Adventures without travel: Gravel riding in Serfaus-Fiss-Ladis

For exploring the high plateau without full suspension, gravel bikes are the perfect weapon of choice. Serfaus-Fiss-Ladis is a prime destination for riders looking for diverse routes between high alpine peaks and jaw-dropping vistas. Its extensive, well-developed network of gravel, forest, and backcountry roads offers rides for every fitness level – from short, scenic spins to long, challenging adventures. The mix of altitude, pleasant climate, and family-friendly infrastructure makes this the ultimate spot for gravel adventures through mountain forests, alpine meadows, and with views of countless 3,000-meter summits.

For more information on biking in Serfaus-Fiss-Ladis, visit: www.bike-sfl.at/en. Details about the holiday region Serfaus-Fiss-Ladis can be found at: www.serfaus-fiss-ladis.at/en

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About the region Serfaus-Fiss-Ladis

Serfaus-Fiss-Ladis is the place to be for a family holiday. Regardless of whether it is summer or winter, there is always something going on. In summer cable cars and bus shuttles connect the mountainous region of Serfaus-Fiss-Ladis apart from many other attractions, the Serfaus-Fiss-Ladis high plateau offers bike fun for the whole family. From gentle bike rides for the whole family to mountain bike tours in the middle of breath-taking mountain scenery to action-packed descents on single trails or courses through Bikepark Serfaus-Fiss-Ladis. The Waldbahn takes riders and their bikes to the trails within the bike park, which have different levels of difficulty, from blue (easy) and red (medium) to black (expert). There is also a kid's area, slopestyle area, pump track and training area at the bottom station, where beginners can try out and get used to their new equipment. Experts in the bike shop advise on bike and safety equipment matters, and the bike school and rental office shop can also be found here. Besides the shop, there is also a chill-out area and a snack bar.