



MTB Season 2025 in Serfaus-Fiss-Ladis – Single trail variety, bike park action and event highlights on the sunny high plateau



The new mountain bike season in Serfaus-Fiss-Ladis kicks off on 14 June 2025 and runs through to 19 October 2025. Once again, the sunny plateau high above the Tyrolean Upper Inntal valley transforms into a two-wheeled playground for riders of all levels. Sitting between 1,200 and 2,600 metres above sea level, the region offers the perfect mix of alpine single trails, shaped lines in the bike park and top-class infrastructure. Add to that a packed programme of camps, coaching sessions and events – from Rookie Camp to the Bikefestival – and it's clear: 2025 is set to deliver the full mountain bike package.

Single trail adventures with a view

Serfaus-Fiss-Ladis is known for its [single trails](#) – and for good reason. Long descents, techy sections and stunning mountain views come together to create trails that stick in the memory. Among the all-time favourites is the Frommest trail, a near nine-kilometre descent that winds from Schönjoch down into the valley, racking up almost 1,000 vertical metres in the process. Natural segments flow into smoother, faster stretches, making it one of the most varied rides in the Alps. Then there's the Zirbentrail, which winds its way through dense pine forest with playful rollers and mellow features – ideal for riders who like to mix pace and style.

Two newer trails – both added in 2024 – bring even more variety to the area's trail menu. The [Bifitrail](#) is a great introduction to riding single trails with mellow gradients, wide corners and an intuitive line that's ideal for beginners and families. The [Leithetrail](#) brings more of a challenge, with short, steep sections, tight switchbacks and natural obstacles that are guaranteed to put a smile on advanced riders faces.

Bike park lines for every level

If it's berms, jumps and fast flow you're after, the [Bikepark Serfaus-Fiss-Ladis](#) has you covered. The Milky Way Line is a go-to for newcomers to the park scene, with wide turns and mellow tables offering just the right mix of progression and fun. The Strada del Sole ups the ante with wallrides, rollers and creative features designed for airtime and style. And for those who want tech, the Hill Bill Line delivers with roots, drops and steeper sections that'll keep even seasoned riders on their toes. There's also a large skills area, a mini pump track, kids' zone and slopestyle features – all designed to help riders progress in a fun and safe setting. With modern lifts offering bike transport, getting back up is fast and easy.

Camps, coaching and events for young and grown-up shredders

Summer 2025 brings [plenty of highlights](#) on and off the trails, too. One of the key dates is the Rookie Camp, taking place from 4 to 8 August, where young riders can build confidence, dial in their technique and unlock new skills under the guidance of experienced coaches – both on the trails and in the park. Another standout is the Bikefestival, running from 29 to 31 August, with test bikes, expo stands and side events making for three days of pure MTB stoke. On Saturday 30 August, the region also hosts a round of the auner Austrian Gravity Series – the sixth stop of the 2025 season. Austria's national downhill race series continues to grow and gives young riders a great platform to gain racing experience in a relaxed, grassroots setting. Throughout the season, there are regular technique courses, guided tours and skills camps for all ages and abilities.

Serfaus-Fiss-Ladis – the MTB destination for the whole family

Serfaus-Fiss-Ladis combines a massive variety of trails, a full-featured bike park and family-friendly facilities to make it one of the top mountain bike spots in the Alps. Thanks to its altitude and reliable weather, trails stay rideable well into October. Whether you're new to the sport, a bike-mad family, a seasoned single trail hunter or a full-on park rat – the sunny high plateau has something for everyone. And when it's time to take a break from the bike, there's still loads to explore: from family adventure parks like the [Summer Fun Park Fiss](#), to [Serfaus Adventure World](#) with the Murmliwasser park and Murmliweg trail, themed trails, forest rope course, via ferratas and family-friendly hikes. And if you're after a slower pace, you'll find scenic huts, playgrounds and viewing spots that are easy to reach on foot. It all adds up to the perfect mix for active families looking to combine trail action with relaxing mountain moments.

For more information on biking in Serfaus-Fiss-Ladis, visit: www.bike-sfl.at/en. Details about the holiday region Serfaus-Fiss-Ladis can be found at: www.serfaus-fiss-ladis.at/en.

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About the region Serfaus-Fiss-Ladis

Serfaus-Fiss-Ladis is the place to be for a family holiday. Regardless of whether it is summer or winter, there is always something going on. In summer cable cars and bus shuttles connect the mountainous region of Serfaus-Fiss-Ladis apart from many other attractions, the Serfaus-Fiss-Ladis high plateau offers bike fun for the whole family. From gentle bike rides for the whole family to mountain bike tours in the middle of breath-taking mountain scenery to action-packed descents on single trails or courses through Bikepark Serfaus-Fiss-Ladis. The Waldbahn takes riders and their bikes to the trails within the bike park, which have different levels of difficulty, from blue (easy) and red (medium) to black (expert). There is also a kid's area, slopestyle area, pump track and training area at the bottom station, where beginners can try out and get used to their new equipment. Experts in the bike shop advise on bike and safety equipment matters, and the bike school and rental office shop can also be found here. Besides the shop, there is also a chill-out area and a snack bar.